



ST. PETER'S CATHOLIC SCHOOL is an equal opportunity employer and provider. Salad Bar options meets the USDA's fruit and vegetable requirements.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

TACO BAR WITH FRUIT **2**

GARDEN FIESTA CHICKEN WITH FRUIT **3**

PANCAKES WITH SAUSAGE FRUIT **4**

ORANGE CHICKEN RICE WITH VEGETABLES **5**

NO SCHOOL 6

BEEF LASAGNA WITH SALAD, BUN, AND FRUIT **9**

MEATBALL SANDWICH WITH SALAD AND FRUIT **10**

PIZZA SALAD AND FRUIT **11**

TURKEY SLOPPY JOE CHIPS CORN AND FRUIT **12**

TACO IN A BAG WITH SALAD BAR AND FRUIT **13**

TACO BAR WITH FRUIT **16**

PENNE PASTA (RED SAUCE & MEAT) WITH A GARLIC BREADSTICK & FRUIT **17**

NO SCHOOL 18

NO SCHOOL 19

NO SCHOOL 20

ORANGE CHICKEN RICE WITH VEGETABLES **23**

MEATBALL SANDWICH WITH SALAD AND FRUIT **24**

PIZZA SALAD AND FRUIT **25**

TURKEY SLOPPY JOE CHIPS CORN AND FRUIT **26**

NO SCHOOL 27

TACO BAR WITH FRUIT **30**

HAMBURGER WITH SALAD BAR AND FRUIT **31**

