

# January 2018

Type Your School Name Here

## LUNCH



**ST. PETER'S CATHOLIC SCHOOL** is an equal opportunity employer and provider. Salad Bar options meets the USDA's fruit and vegetable requirements.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

No School

1

### Tuesday

No School

2

### Wednesday

PIZZA WITH SALAD BAR AND STRAWBERRY CUPS (DESSERT ALA CARTE)

3

### Thursday

TACO IN A BAG WITH SALAD BAR & FRUIT

4

### Friday

MEATBALL SANDWICH FRIES WITH SALAD AND FRUIT

5

TURKEY SLOPPY JOE WITH FRIES AND CORN WITH STRAWBERRY CUPS

8

ORANGE CHICKEN WITH RICE VEGATABLES & FRUIT

9

PANCAKES WITH SAUSAGE & FRUIT (DESSERT ALA CARTE)

10

HOMEMADE MAC AND CHEESE WITH ROLL VEGTABLES & FRUIT

11

Potatoe with Fixings & Salad Bar With Fruit

12

CHICKEN NOODLE SOUP WITH HALF A HOAGIE TURKEY SANDWICH & FRUIT

15

SPAGHETTI WITH MEAT SAUCE GARLIC BREAD WITH SALAD & FRUIT

16

PIZZA WITH SALAD BAR AND STRAWBERRY CUPS (DESSERT ALA CARTE)

17

CHICKEN PATTY SANDWICH WITH MASHED POTATOE GRAVY & CORN WITH FRUIT

18

TACO IN A BAG WITH SALAD BAR & FRUIT

19

PENNE PASTA WITH MEAT RED SAUCE & SALAD WITH FRUIT

22

MEATBALL SANDWICH FRIES WITH SALAD AND FRUIT

23

PANCAKES WITH SAUSAGE & FRUIT (DESSERT ALA CARTE)

24

TURKEY SLOPPY JOE WITH FRIES AND CORN WITH STRAWBERRY CUPS

25

ORANGE CHICKEN WITH RICE VEGATABLES & FRUIT

26

HOMEMADE MAC AND CHEESE WITH ROLL VEGTABLES & FRUIT

29

TACO IN A BAG WITH SALAD BAR & FRUIT

30

PIZZA WITH SALAD BAR AND STRAWBERRY CUPS (DESSERT ALA CARTE)

31

