



ST. PETER'S CATHOLIC SCHOOL is an equal opportunity employer and provider. Salad Bar options meets the USDA's fruit and vegetable requirements.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



TACO IN A BAG WITH SALAD BAR & FRUIT **1**

No School **2**

HOT DOGS WITH BAKED BEANS FRIES & FRUIT **5**

PENNE PASTA WITH MEAT RED SAUCE & SALAD WITH FRUIT **6**

PANCAKES WITH SAUSAGE & FRUIT (DESSERT ALA CARTE) **7**

CHICKEN PATTY SANDWICH WITH POTATOE AU GRATIN & VEGTABLES WITH FRUIT **8**

TUNA & HOAGIE BUN (CHEESE OPTION) WITH FRIES SALAD BAR & FRUIT **9**

SHEPHERD'S PIE WITH SALAD BAR & FRUIT **12**

CHICKEN TENDERS WITH VEGTABLES & FRUIT WITH A ROLL **13**

TOMATOE SOUP WITH CHEDDAR CHEESE SANDWICH & FRUIT **14**

SPAGHETTI WITH MEAT SAUCE GARLIC BREAD WITH SALAD & FRUIT **15**

FISH SANDWICH CHIPS WITH SALAD BAR AND FRUIT **16**

No School **19**

TACO IN A BAG WITH SALAD BAR & FRUIT **20**

PANCAKES WITH SAUSAGE & FRUIT (DESSERT ALA CARTE) **21**

CHICKEN PATTY SANDWICH WITH MASHED POTATOE GRAVY & CORN WITH FRUIT **22**

TUNA & HOAGIE BUN (CHEESE OPTION) WITH FRIES SALAD BAR & FRUIT **23**

Potatoe with Fixings with half a turkey sandwich, Salad Bar With Fruit **26**

CHICKEN TENDERS WITH VEGTABLES & FRUIT WITH A ROLL **27**

PIZZA WITH SALAD BAR AND STRAWBERRY CUPS (DESSERT ALA CARTE) **28**

